



**CHRISTIANA CARE
HEALTH SERVICES**

Department of Obstetrics and Gynecology
Women and Children's Research
4755 Ogletown-Stanton Road
Newark, Delaware 19718

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Dear Marissa,

The 10-year anniversary of the inception of the Healthy Beginnings program has arrived, and we would like to recognize and thank you. Your contributions and continued support have been essential to our success. We have grown appreciably during the past 10 years. In March 2007, our program was launched with 2 nurses. Today we have nurses, social workers, and a dietitian caring for Delaware's at-risk perinatal patients in both the Wilmington and Christiana Women's Health Outpatient Offices.

In 2016 alone, we delivered quality services to 973 prenatal women and preconception care to another 938 women. This translates to 7373 prenatal visits, 1043 preconception visits, 1270 social work visits and 822 dietitian visits for this past year. We have had many success stories from women who were empowered to make positive life changes, both big and small. We have supported teens transitioning back to school, helped mothers quit smoking during pregnancy, and assisted women in unhealthy relationships find a safe place for themselves and their children to sleep and connected women to many other resources in our community.

Our program is primarily funded through Delaware Division of Public Health. We are fortunate to have a state that strongly supports the care of women and their families. We believe the Healthy Beginnings program has been instrumental in improving Delaware's infant mortality rate. We are looking forward to many more years of service. We will continue to focus on cultivating additional partnerships to help us better serve the women in our communities, thus improving birth outcomes in Delaware. Our program has benefited from the support we have received from you. We look forward to continuing our alliances to benefit Delaware's women and infants.

Sincerely,

The Healthy Beginnings Program

Elizabeth Zadzieski, MD, Medical Director
Lydia Henry, MSN, RNC-OB Program Manager
Kathy Russell, BSN, RN, Case Manager
Gloria Mack, BSN, RN, Case Manager
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